

Happy May Days . . .

Just a reminder that I will be talking about the Bird flu and Homeopathy this Wednesday from 6:30pm - 8:30pm. We will discuss historical flu epidemics as well as the top 10 flu remedies, their characteristics and how to prescribe. As part of this series of classes we also have a meditation time as well as an opportunity to receive an RCT treatment.

Cost: \$30

Please RSVP your intention to come . . . and if you have any questions, don't hesitate to contact me!

Our last workshop focused on the Law of Attraction, and we had a lot of fun talking about this concept as well how we each can shift our energy to attract more of the "good stuff" into our lives. A couple of resources that I have found invaluable include a free downloadable version of the 1910 classic by Wallace D Wattles called "The Science of Getting Rich".

<http://www.scienceofgettingrich.net/gifts/toU.html>

The concepts in the book are time honoured and easily accessible . . . although the language often requires a second or third read to REALLY "get" what he is saying. But it is a "rich" read, and I highly recommend it!

The second link I'm sending you is to a site called Centerpointe. Bill Harris the founder of this company uses brain wave technology to induce a greater capacity for the individual to handle and manage stress as well as increase creativity, peace and balance. I have been using the program for over a year now and have definitely noticed changes in how I manage stress and emotions. I am more calm in all situations, which has allowed me to be more creative in handling emotionally charged situations because I don't "freeze" anymore . . . I have more space to think clearly.

<http://www.centerpointe.com/?aid=368480>

Take a look at their website . . . and if you have any questions about the program, or are at all intrigued and have any questions, please call.

One more thing about the Law of Attraction. I have recently received a DVD called "The Secret". It's a fascinating look at the law of attraction, and I would like to offer a viewing of it. It's about a 90 minute film. . . so thought I'd suggest Wednesday May 24th at 6:30pm. Please let me know if you are interested in attending.

That's all for now . . . Hope you are all enjoying your Spring!

Michele

"The universe is not responding to your reality. The universe is responding to your perception of reality." Abraham