

## Center for Classical Homeopathy

### Mid Summer Greetings:

Welcome to my first online newsletter! I know many of you were beginning to wonder if I even had an online newsletter, as you signed up for it many, many months ago. For some, you may even wonder if you indeed did sign up for this newsletter!! Maybe you did, maybe you didn't . . . please know that if you do not want to be on this email list I will be happy to remove you from it. Please just respond to the email with UNSUBSCRIBE in the subject area.

This first newsletter will mostly contain information that you may have already received in "hard copy" format if you are on my clinic mailing list. In that case excuse the redundancy. In the future I hope to be sending out more "ezines" rather than the hard copy newsletters, so if you want to remain up to date with the clinic you'll get more information (though I hope to not inundate you with it!) by being on this list.

In the meantime . . . Read on! And know that I would be happy to hear from any of you at any time!

As some of you know I have completed some introductory and foundational training in Reconnective Therapy. This therapy has proven an interesting and effective addendum to homeopathic treatment. Some people are noticing alleviation of pain. Some are noticing a sense of general well being after a series of treatments. I have heard that others feel more grounded. Nerve pain has lessened, jaw pain has disappeared, swelling has gone down. Needless to say I am very pleased. Sometimes not much is noticed after a treatment. I can say that has been sometimes true for me in my treatment, but as homeopathy can work at a very subtle level, reconnective therapy also works subtly, and there is indeed action taking place. It's often that we are just unaware of the incremental changes in our body, and it takes some practice to listen. The treatment is designed to reconnect one's physical body back to it's energetic body, so that we might become more fully whole.

Herwig Schoen (my teacher) talks about it like this:

"We all carry the knowledge for perfect well-being within us. This knowledge is contained in our energy body. The energy body is the force that builds the physical body and holds the templates for perfect body and mind structure and function. It contains all our feelings, thoughts, memories and possible futures. We lose our well-being when connections between the energy body and the physical body are broken."

We each create our own reality, and past experiences and trauma can have an effect on this reality. With Reconnect "This process bypasses the conscious mind, allowing us to heal without having to work through or remember the past."

So like homeopathy . . . The connection produces a series of "forgettings". We forget we even had the symptom, we forget we even had the thought.

(If you'd like to know more you can go to Herwig's website: [www.reconnectivetherapy.com](http://www.reconnectivetherapy.com) )

If you would like to try this treatment (and haven't already!), I would like to offer each of you 3 free treatments. (I also do treatments over the phone if you do not live close to me.)

After the initial treatments, if you would like to continue with the Reconnective therapy, a regular treatment will be \$40.

However, if you would like to add a treatment at the end of your homeopathic session a treatment will only be \$25. Please be sure to let me know that you do want a reconnective treatment at the end of your session so that I allot enough time.

I will also be offering a package price for treatment as it is often nice to have weekly, or every other week treatments. The cost for this initial package will be 5 sessions for \$125.

I hope you all are having a wonderful summer and are keeping cool!!  
Call me if I can be of any service to you.

To your Health,

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